

Pediatric Sleep Questionnaire

Child's Name:			Date	e:/_	/	
	Person completing form /	Relationship to child: _				
	How often would you say yo	our child snores?				
	NEVER OCCASIONALI	LY FREQUENTLY	CONST	ANTLY		
1.	While sleeping, does your c	hild:		YES N	O DON	I'T KNOW
	Grind the teeth?			Υ	Ν	DK
	Move a lot? Toss and turn in	bed?		Υ	Ν	DK
	Have night sweats?			Υ	Ν	DK
	Have frequent awakenings?	?		Υ	Ν	DK
	Wake up to go to the bathro	oom?		Υ	Ν	DK
2.	While sleeping, does your c					
	Snore more than half of the			Υ	Ν	DK
	Always snore?			Ϋ́	N	DK
	Snore loudly?			Υ	Ν	DK
	Have a "heavy" or loud bre			Υ	Ν	DK
	Have trouble breathing, or s			Υ	Ν	DK
3.	Have you ever seen your ch	nild stop breathing during				
	the night?			Υ	Ν	DK
4.	Does your child?					
	Tend to breathe through the			Υ	Ν	DK
	Have a dry mouth on waking			Y	N	DK
	Occasionally wet the bed?			Υ	N	DK
5.	Does your child?					DI
	Wake up feeling unrefreshed			Y	N	DK
	Have a problem with sleepir	g ,		Υ	N	DK
6.	Has anyone commented the	• • • • • • • • • • • • • • • • • • • •		V	NI	DK
	during the day?			Υ	N	DK
7.	Is it hard to wake your child	up in the morning?		Y	Ν	DK
8.	Does your child wake up wi	th headaches in the morr	ning?	Υ	Ν	DK
9.	Did your child stop growing	at a normal rate at any ti	me			
	since birth?	-		Υ	Ν	DK
10	. Is your child overweight?			Υ	Ν	DK
11	. Your child OFTEN:					
	Does not seem to listen whe	en spoken to directly		Υ	Ν	DK
	Has difficulty organizing task			Y	N	DK
	Is easily distracted by extran			Υ	Ν	DK
	Fidgets with hands or feet or			Υ	Ν	DK
	Is "on the go" or often acts a	•		Υ	Ν	DK
	Interrupts or intrudes on other	ers (e.g. butts into conver	sation			
	or games)			Υ	Ν	DK